

CLIF Minutes 9 January 2013

MG Cucolo, Commandant U.S. Army War College, opened the meeting at 1103 and welcomed attendants and new FRSA.

3x5 Card Update: Please use 3x5 cards to address any concerns; feedback will be addressed at the next meeting.

MG Cucolo reviewed 3x5 cards from November 2013 CLIF

- LVCC food comes out cold, frozen or undercooked:
Please be sure to report any issues to the LVSS management; also use ICE to make a formal complaint. LVCC is working to rectify these incidents.
- Grass cutting and maintenance workers speed on the roads:
Please report speeding of maintenance vehicles to DPW or lawnmowers to BBC. Also use ICE to make formal complaints. Safety is paramount, and is taken very seriously. The police are aware and they are watching.
- Very poor ventilation in the Indian Field fitness facility:
The air quality has been tested in the facility and is suitable. This gym is not going to be as luxurious as Thorpe Fitness Center.
- There are no televisions in the Indian Field Fitness Centre:
The Indian field Fitness Center will not have TV's installed on every piece of equipment. There is a cost issue. However, we are looking into possibly working with the cardio machines that are already fitted with viewing screens, to possibly stream television. Thorpe will have some TV's as it did before.
- Snow Removal issues:
Please ensure that all lawn furniture and recreational toys, basketball hoop etc. are removed from walkways, driveways, porches etc. This will allow for snow plowing of these areas. Please ask children to be cautious when playing on snow banks.
- Catholic Youth Group and Protestant Youth Group collaboration:
Both youth groups will continue to work together to do more joint activities.
- No place to exercise dogs:
Dog park solution will be addressed by the Garrison CDR.

- SLD Visit: Commandant:
SLD visit is currently on the calendar for next week. SLD...These are the assignment people. An OPD will be offered to the students so if they have never sat on a selection board they will have this opportunity to see how the process works.
- Dog Park Update: Garrison:
The dog park initiative has been on the books for 3 months; review of the 5 location overview; conceptual diagram overview.
SEE Slides
- On Post Housing Name tags: Garrison
Name plates are required to be on every set of quarters. The nameplates are essential to safety. There are 2 options to get name plates. Residents can either request a name plate from BBC or they are welcome to purchase one at their own expense. All name plates must include the Last name of the family, doctrinally correct rank by service, and no italicized lettering for easier visibility of the name. Please be patient and wait until at least the 3rd week of January before requesting a nameplate from Balfour Beatty. All quarters should have a name plate by March 1st, 2013.
- Relocation One Stop: Garrison
A One Stop site will be located in bldg 46 Anne Ely, Room 202 from January to April. The purpose of the One Stop is to centralize all the services necessary on post to out process and transition from Carlisle Barracks to the next duty station, versus having to travel from place to place. **SEE Slide**
- Campus Fitness Update: SLDR
Thorpe Center for Strength and Conditioning is being transformed. The plan is to transform Thorpe gym floor and transition to a modern facility conducive to fitness that optimally enhances education, and feedback.

Indian field Fitness Center will be offering a new Performance and Feedback Monitoring System available January 14th. Fitlinkxx is a program that will give you enhanced feedback and awareness of individual activity. There will be Fitlinkxx access points that automatically capture your activity data. The Pebble device which can be worn in a number of places (optimally on the user's shoe) will be available for issue and measure the users' performance inside or outside. More information to come. **SEE Slide**

- FLAGS Workshops Information: MFP
There are two sessions for the FLAGS Workshops. Session 1 begins 28 Jan- 1 Feb location will be Collins Hall. Session 2 begins 11- 15 March and the location is Root Hall. Availability is on a first come first serve basis. Sign-up deadline for the first session is Jan 18th.
In FLAGS you will learn to assess your personal strengths and learn how to use them to enhance personal and professional relationships.
- Purple Books: MWR
Please access the welcometocarlisle.com website. The site contains the same information as the print version of the Purple Book. The site has many user friendly features and can be accessed from Smart Phones. Unlike the paper version, the website is updated regularly and gives the most current information. Spread the word, please use it.
- Chili Cook-Off: MWR
Great social event, all are welcome. This event is open to the public. Chili cook-off date is January 25th 6:00pm until 11pm at the Letort View Community center. The LVCC will provide tasting cups, spoons, napkins and rice. **SEE Flyer**
- Community Calendar 4 week review: G3
Go to: www.carlsiel.army.mil click on the Families link to access the community calendar

Command and Staff Updates:

Garrison:

- DFMWR (CDC, CYS, LVCC, Thorpe Gym)
For a complete view of upcoming events log on to www.carlisleMWR.com
In light of some recent issues at military CDC's regarding background investigations The Moore CDC on Carlisle Barracks and the Post Chapel have gone through an audit to ensure all employees have a valid background investigation on file. Our CDC staff was up to date and ALL CDC workers have valid background checks. The Chapel had 13 volunteers who needed updates to their background investigations, 8 of those have already began the process of getting the necessary requirements met.

Martin Luther King Jr. Day essay contest. Submissions due by January 21, 2013. Open to military affiliated youth of Carlisle Barracks grades 6 – 12. Prizes will be awarded. For more information call (717)245-4757. SEE the January issue of FIRST CHOICE magazine available at various location on post for free.

- ACS: N/A
- Balfour Beatty: N/A
- Chaplain: Chp. D'Emma & Chp. Barbee
Introduction of Chaplain Barbee, Chaplain Barbee is the new Family Life Chaplain. There will be a Valentine's Day dinner/dance February 2 at 6:30pm the Chapel is asking for donations of \$25 per tkt or \$50 per couple. The National Prayer Breakfast has been postponed until further notice. A Christian Financial Seminar will be held 18 January 5pm-9pm. 19 January from 8:30- 3:30pm Seminar will be held in the Post Memorial Chapel, childcare and meals will be provided. Please call the Post Memorial Chapel for more information at (717) 245-3318
- CPAC: N/A
- AHEC: Jack Giblin
For more information on events or exhibits at the U.S. Army Heritage and Education Center log on to: www.carlisle.army.mil/ahec
Winter "Beat the Blues" Program overview. Check out the Army archives. Have you ever wanted to be a war re-enactor? Now is your chance to participate The AHEC will hold a re-enactor recruitment session on Saturday, February 16,2013 from 10 am until 4pm.
- Dunham Clinic/Army Wellness: Cory Erhard
In observance of Healthy Heart Month the Army Wellness Center will conduct blood pressure screenings on Thursday afternoons in February. The screenings will take place at the following locations from 1200-1500
2/7 - Delaney Field Clubhouse
2/14 - Army Wellness Center
2/21 - PX
2/28 - Thorpe Gymnasium

The Army Wellness Center, in partnership with Lifeworks, will present a learning series. Classes will be held at Delaney Field Clubhouse from 1330-1430. The topics will include:

22 JAN - Stress Management
29 JAN - Importance of Exercise
5 FEB - Balfour Beatty's Homemade Cleaning Supplies
12 FEB - Nutrition for Adults and Children

During the week of 11-15 FEB the Army Wellness Center will be offering couples assessments. Couples can make appointments to go through the Army Wellness Center assessment at the same time as their significant other.

- DAA:
- G Staff (1-9)
- SLDR
- Military Family Programs: Chris Yuengert
Income tax seminar will be January 14th from 11:45-12:45; bring your questions, and your lunch.
- PAO/LL: Suzanne Reynolds
Great Decisions Lectures overview Explore world issues at the Great Decisions 2013 Lecture Series. Army War College faculty will present eight lectures starting on Friday, Jan 18. All eight lectures will be held on Fridays in January, February and March from 1-3 p.m. at the AHEC Visitors and Education Center. These lectures are open to all USAWC students, staff & faculty, Carlisle Barracks community and the general public. **SEE flyer** for lecture dates and times. Books were purchased in advance but are not required to receive the full benefit of this program.

Carlisle Barracks is up to 10,000 FB “likes” please spread the word about theFB page

- IF/IF Spouse Program Director: COL Burbank
COL Burbank appreciates the continued support to the IF Spouses and the C&C Program. Country presentations are every Tuesday, at noon in the Post Chapel. Please see the flyer for the presentation schedule. ALL are welcome to attend...spread the word!
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- CBSC: Rhonda Humphreys
The CBSC luncheon will be held on Wednesday, January 16th 10:30 -1:30 at the LVCC. Reservations and cancellations are due by Friday, January 11. Reservations can be made online at reservations@cbscspouseclub.org or by calling Patti Essa at (717) 701-8821 or Maggie Landis at (717) 386-5379. The theme for this luncheon is “Wacky Tacky Scavenger Hunt”. Fill your purse or bag with random items and let the hunt begin! **SEE flyer**

1205 MG Cucolo closed the meeting with a due out for further information regarding the “resident use policy” of Delaney Field Clubhouse.

February CLIF is scheduled for February 6, 2013 at 11:00 in the Community Room at the U.S. AHEC.